

gourmet bowls

CHICKEN TERIYAKI RICE BOWLS	\$9.95
CHICKEN FRIED RICE BOWL	\$9.95
KOREAN BEEF BOWL WITH RICE NOODLES	\$9.95
SHRIMP QUINOA BOWL	\$9.95
THAI COCONUT CURRY VEGGIE BOWL OVER BROWN RICE	\$9.95

ADD 2 OZ GRILLED CHICKEN \$2.50

slowcookers

HEARTY BEEF STEW *Diced sirloin beef simmered slowly with vegetables and red wine to create a succulent dish for those cold fall nights. SERVES 4* **\$32.00**
FAMILY

SLOW COOKER INDIAN CHICKEN *A favourite, this creamy, flavourful and mild on the spectrum of Indian curries with tender chicken thighs. Made with low-fat ingredients for a healthier twist. SERVES 4* **\$30.00**
FAMILY

FIRST TIME? DON'T KNOW WHAT TO ORDER?

WE'VE ASSEMBLED PACKAGES OF CUSTOMER FAVOURITES FOR YOU TO TRY. NOT ONLY EFFORTLESS, YOU SAVE MONEY TOO!

dessert

NEW GLUTEN-FREE PUMPKIN CHEESECAKE *Creamy twist with a gluten free butter-shortbread crust and a ginger crust.* **\$25.00**
14 SLICES

CATERING AVAILABLE FOR ALL OCCASIONS!
WE WILL WORK WITH YOU TO BUILD THE BEST OPTION FOR YOUR EVENT OR MEETING. CALL OR EMAIL FOR MORE INFORMATION.



bakes

ITALIAN SAUSAGE & PEROGY CASSEROLE *This stick to your ribs, flavourful casserole layered with potato & cheese perogies an Chorizo Sausage in a creamy mushroom Sauce.* **FAMILY \$28.00**
MINI \$5.95

CREAMY CHIPPED BEEF *Cooked Beef simmered in a creamy mushroom and tomato sauce. Traditionally served over toast or biscuits, but great over mashed potatoes or rice as well.* **FAMILY \$28.00**
MINI \$5.95

ONION CRUSTED MEATLOAF *A classic meal for fall and winter nights. Savoury, moist meatloaf made with extra lean ground beef topped with a tasty tomato and onion sauce.* **FAMILY \$28.00**
IND \$8.95

Individual meal served with mashed potatoes and vegetables.

NEW chef's choice

NEW TUSCAN CHICKEN BREASTS OVER ORZO PASTA **\$25.00**
*Tender chicken breasts marinated and grilled. Served with a tomato basil salsa over orzo pasta. Elegant dinner for two, pair with our **Field Greens Signature Salad**, pour some wine and enjoy at home. SERVES 2-3*

NEW FIELD GREENS & QUINOA SIGNATURE SALAD **\$15.95**
Field greens, romaine & quinoa, dried cranberries, red onions, beets, shredded carrots garnished with almonds and Feta cheese—served with balsamic & oil dressing. SERVES 3-4 **PRE-ORDER REQUIRED**

ADD 2 OZ GRILLED CHICKEN \$2.50

holiday dinners

CLASSIC TURKEY DINNER *3 lb boneless, JD FARMS turkey breast in a garlic brine, our incredible homemade spice rub, gravy base, cranberry sage stuffing, mashed garlic potatoes, and seasoned vegetable medley. Cooks up in an hour and a half—this holiday meal is incredibly easy and tasty! SERVES 6-8* **\$85.00**
COMPLETE MEAL \$50.00
TURKEY ONLY

ADD A 2-3 LB TURKEY THIGH **ADD-ON \$18.00**

COMPLETE WHOLE TURKEY DINNER ALSO AVAILABLE *SERVES 13-15* **\$200.00**

A fresh whole JD FARMS turkey is available upon request small 10 lb, medium 15 lb or large 20 lb (approx sizes)

MAPLE GLAZED HAM *Double-smoked juicy 3lb, ham, bone-out, baked slowly with a clove & maple glaze. Served with scalloped potatoes and green beans SERVES 6-8* **\$50.00**
COMPLETE MEAL \$30.00
HAM ONLY

ADD GOURMET SIDE OF CURRIED CAULIFLOWER BAKE **ADD-ON \$18.00**